



Annual Report 2017

Sheila Strain

Introduction

For several years I have been giving warning that my family situation might mean that there would come a point when I could no longer do as much for the club as in the past, and this year it has come to pass. Since February I have had an increasing commitment which has meant that what I have been able to do for the club has been considerably reduced.

Membership

After our good increase in membership last year, I was doubtful if we could sustain an increase although the drop in membership has not been huge – 60 members down to 56. However, as always, this does disguise a big turnover with 18 non-renewals almost balanced by 14 new members.

Events

Well done to Pete for co-ordinating the events again this year and to everyone who planned and/or organised one or more of the events.

2016

Year completed with 16 events ...

- 11 Saturday local events - one in each month except Feb (SoSOL instead)
- 4 SprintELOpe Wednesday evening dual events – park for youngsters and urban for adults
- 1 SoSOL

2017

16 events planned ...

- 10 Saturday local events - one in each month except Feb (SoSOL instead) and July
- 4 SprintELOpe Wednesday evening dual events – park for youngsters and urban for adults
- 1 SoSOL
- 1 SOUL – first Level B event for several years

Notes

- 10 different members involved in planning courses – plus Andrea Davison (ESOC)
- 4 first time planners (including Andrea)
- Participation continues to be high – although slightly down on 2016 – but with SOUL
- July 2017 was the first month without an ELO event since March 2016
- An exceptional year due to Scottish Championships being held in East Lothian
- Despite intentions we didn't produce a printed flyer – and we did stick to all the dates and venues

Scottish Championships weekend – We were involved with the Relays, with Interlopers as the lead club: some on parking and others on IT.

SOUL – only the second time we have put on a Scottish Level event, and particularly as the club was already committed to helping Interlopers at the relays on the Sunday.

Numbers at events are in Appendix A

Competitions, Results and Awards

See Appendix B

On the new BOF website, each person's results can be displayed on a page.

Mapping

We were fortunate to be included in the mapping project for the Scottish Championships weekend, which has resulted in a new map of the coastal area from Gullane to Yellowcraig, from which has been extracted a new 1:5000 map of Yellowcraig; and also a refreshed map of Binning Wood which has sorted out some of the problems such multiple sets of symbols.

Other commercial mapping has taken rather too long, partly due to my lack of time, but Winton Estate and Gosford are now almost complete.

For the summer evening park series, Winterfield was mapped by Pete Younger and as an introduction for the local Guides, a very simple map of the Bleachingfield was also prepared.

Godfrey Beddard did a considerable updating of the John Muir map for the Seafield Pond event in August.

For Gifford Community for their buy-out of Fawn Wood and Speedy Wood a map is being drawn. At the moment part of the area is blighted with rhododendrons but the community have plans to improve the woods and build more footpaths.

Urban maps of Tranent and Dunbar were updated and included areas not previously used.

Committee and Organising

Only one committee meeting was held, a very useful meeting in January. After that I had limited availability in evenings and time for many of the committee was spent on the Scottish Weekend and the Summer Evening Series. It was intended to have another meeting once the Scottish Weekend was over, but as I was unavailable most evenings after that, a meeting was not arranged. This is a weakness which should be rectified, perhaps by setting a regular pattern for the year, such as 'second Wednesday of odd numbered months', for example.

Coaching

Juniors are able to take part in the East of Scotland Junior training sessions but we have a big lack of opportunities for adults, particularly those new to the sport. We have adult members who could certainly improve their orienteering with a bit of coaching.

Two members, Michael and Debbie, spent a day doing the Coaching Foundation Course, and two others had hoped to participate. Thanks to Lynne Walker for coming all the way from Grantown on Spey for fewer than the normal minimum number on the course. The last part of the day was spend discussing how best to fit coaching in for the club and suggestions included – something immediately before the club Saturday sessions, something on the empty Saturdays; something in early evenings eg Wednesdays, monthly vs a block of weekly sessions. Other alternatives include using the Saturday ESOC/Interlopers events.

A plan for introducing something should be made.

Controlling

Robin and I each controlled one part of the ESOC sprint and Trina controlled the East Championships at Penicuik.

As with Coaching, we should be encouraging others to do the Controllers' course, partly because it helps with good planning and partly because we need to be fair to other clubs who control our events, and take our turn of controlling theirs.

Social

Christmas meal out, was not on the day of the festive Frolic which was on Hogmanay, was at the Longniddry Inn.

A meal at Trina's accommodation one evening at the Six Day was very enjoyable.

BBQ did not take place this year. A picnic after the Barns Ness event was suggested but not promoted, and what with Cubs, and windy weather, would have been difficult.

Club Kit

Order for tops was not followed up, following suggestions that we went for a more modern style.

Investigations of tops eg Six Day ones, see examples. Six Day tops and new Interlopers tops from Bulgaria, can be ordered through CompassPoint.

Suggestion of using Falcon as in East Lothian Logo – Martyn sent samples quite a while ago!

Publicity

The website has been kept well up to date, mainly by Pete, for which many thanks, as this is the main way that people find the club and find information. Emails have gone out frequently, a short one to the 'enquiries' list just with a note of forthcoming events, and a fuller one to members with results and reports as well.

Press reports in the Courier have been very few.

Juniors (Tim Harding)

The Club's juniors have had a good year. Junior membership has been pretty stable (21 current junior members, of which 16 continued from the year before). We've had regular attendance at the ESOA junior training sessions, and at the Wednesday and Saturday events across the Lothians, and it has been very satisfying to see runners move up steadily from shadowed to un-shadowed, from White to Yellow, from Yellow to Orange, and onwards to Green. Although no one from ELO went to Culbin for the Junior Inter-Area at the end of 2016, an impressive 14 ELO juniors competed at the Scottish Champs in May. Hot on the heels of that came a strong turnout at the Scottish Schools Championships near Glasgow (including three top-3 placings), followed by the Jamie Stevenson in Perth, where we had a full team of six runners for the first time in several years (with a class winner and a near-podium placing). To round off the summer, four ELO juniors came to Deeside for the 6 Days (again with a prize-winner). Above all, our junior members are keen and engaged, which bodes well for the coming year.



SOA Junior badges were presented:

Benji Edmondson 50 and Orange Standard badge

Joel 25 then 50

Emily 25 then 50

Helen Wotton 10

Jamie Tucker 5

Sean Tucker 10

Amelia Leishman 5

And very likely others which did not get written down at the time!

Angus Wright

Innes Wright

Cerys Wright

Outdoor Learning

It has been good continuing to work with East Lothian Outdoor Learning Service. Their all-in-one SI stakes and minikites and miniprinter were ideal for the summer Park Series and we are grateful for being able to borrow these.

The East Lothian Primary Schools Festival took place again (separate from Midlothian) at Levenhall with almost 400 pupils involved. Robin and I helped with results, Trina manned the start almost single-handed, and other ELO members were there with school groups.

People and Other News

Robin and I were honoured to be presented with the President's medal at (after) the SOA AGM.



Appendix A

Events Roundup

2016

| Date | Venue | Sat | Wed | SoSOL |
|---------|--------------|-----|-----|-------|
| 30-Jan | Lochend | 50 | | |
| 28-Feb | Lothian Edge | | | 150 |
| 02-Apr | Vogrie | 80 | | |
| 22-Apr | Lewisvale | | 60 | |
| 27-Apr | Tranent | | 50 | |
| 30-Apr | Barns Ness | 90 | | |
| 25-May | NB Lodge | | 100 | |
| 28-May | Yellowcraig | 120 | | |
| 08-Jun | Haddington | | 50 | |
| 25-Jun | John Muir CP | 50 | | |
| 31-Jul | Lewisvale | 60 | | |
| 27-Aug | Saltoun | 80 | | |
| 24-Sep | Binning | 80 | | |
| 29-Oct | Butterdean | 50 | | |
| 07-Nov | Belhaven | 70 | | |
| 31-Dec | Vogrie | 100 | | |
| Average | | 75 | 65 | |

2017

| Date | Venue | Sat | Wed | SoSOL | SOUL |
|---------|--------------|-----|-----|-------|------|
| 28-Jan | Lochend | 70 | | | |
| 26-Feb | John Muir CP | | | 170 | |
| 25-Mar | Saltoun | 100 | | | |
| 19-Apr | Lewisvale | | 40 | | |
| 29-Apr | Vogrie | 90 | | | |
| 03-May | NB Lodge | | 50 | | |
| 19-May | Tranent | | | | 200 |
| 27-May | NB Law | 60 | | | |
| 07-Jun | Dunbar North | | 60 | | |
| 21-Jun | Haddington | | 50 | | |
| 24-Jun | Barns Ness | 60 | | | |
| 26-Aug | Seafield | 60 | | | |
| 30-Sep | Levenhall | | | | |
| 28-Oct | Yellowcraig | | | | |
| 25-Nov | Butterdean | | | | |
| 30-Dec | John Muir CP | | | | |
| Average | | 73 | 50 | | |

Appendix B

Result Roundup

South of Scotland League

This series is now run over a calendar year so for 2016 the final league positions are -

| | | | | Points | Place | | | | | | | |
|-------------|---------|-----------|-----|----------|-------|------|-----|------|-----|-----|----|-----|
| White | Cerys | Wright | W10 | 2 events | 8 | **** | | **** | | | | |
| Yellow | Angus | Wright | M12 | 254 | 3 | 119 | | 135 | | | | |
| Yellow | Innes | Wright | M10 | 213 | 7 | 96 | | 117 | | | | |
| Orange | Benji | Edmondson | M12 | 285 | 6 | | 119 | 107 | | | | 59 |
| Short Green | Sheila | Strain | W65 | 257 | 11 | 132 | | | | | | 125 |
| Green | Robin | Strain | M65 | 419 | 15 | 109 | | | 108 | 94 | | 108 |
| Green | Trina | Rogerson | W65 | 238 | 47 | 71 | 81 | | 86 | | | |
| Green | Godfrey | Beddard | M65 | 214 | 58 | 101 | | 113 | | | | |
| Green | Neil | McMillan | M21 | 207 | 61 | | 75 | | 70 | | 62 | |
| Blue | Pete | Younger | M60 | 400 | 8 | 100 | 95 | | 100 | 105 | 80 | 87 |
| Blue | Duncan | Leishman | M45 | 154 | 41 | | | 92 | | 62 | | |
| Brown | Tim | Harding | M50 | 253 | 10 | 66 | 47 | | | 78 | 62 | |
| Brown | Duncan | Edmondson | M45 | 178 | 21 | | 91 | 87 | | | | |
| Brown | Ian | Rowland | M50 | 155 | 22 | | 67 | | | 88 | | |

Benji was given certificate for 5th Junior on Orange; and Angus for 3rd on Yellow.

2017 - only four events have taken place so far (Cademuir results not included yet)

| | | | | Points | Place | | | | | | | |
|----------|--------|-----------|-----|--------|-------|-----|-----|----|-----|--|--|--|
| Orange | Benji | Edmondson | M12 | 336 | 2 | 111 | 116 | | 110 | | | |
| Lt green | Iona | Riley | W16 | 229 | 4 | 112 | 117 | | | | | |
| | Debbie | Riley | W50 | 222 | 6 | 112 | 110 | | | | | |
| Green | Martyn | Pegg | M40 | 234 | 12 | 113 | 121 | | | | | |
| | Peter | Brownsort | M55 | 231 | 13 | 116 | 115 | | | | | |
| | Trina | Rogerson | W65 | 238 | 37 | 71 | 81 | | | | | |
| Green | Neil | McMillan | M21 | 147 | 36 | | 74 | | 73 | | | |
| Blue | Pete | Younger | M60 | 337 | 2 | 79 | 91 | 93 | 74 | | | |
| | Duncan | Edmondson | M50 | 219 | 14 | | 116 | | 103 | | | |
| Brown | Tim | Harding | M50 | 122 | 9 | 64 | | 58 | | | | |

East of Scotland Championships (2016)

Surprisingly few people took part despite this being just at Penicuik.

| | | | |
|------------------|-----|-----------------|---------------|
| Benji Edmondson | M12 | 4 th | |
| Sheila Strain | W65 | 2 nd | (Short Green) |
| Robin Strain | M65 | 6 th | (Green) |
| Julian Hall | M50 | 3 rd | (Blue) |
| Tim Harding | M50 | 7 th | |
| Duncan Edmondson | M45 | 5 th | (Blue) |
| Pete Younger | M60 | 2 nd | |

Scottish O Leagues (SOLs)

Final Placings for 2016:

| | | | | |
|------------------|------|------------------|------|--------------|
| Benji Edmondson | M12 | 24 th | 1082 | One score |
| Duncan Edmondson | M40S | 27 th | 867 | One score |
| Ian Rowland | M50 | 12 th | 2551 | Three scores |
| Tim Harding | M50 | 22 nd | 1260 | Two scores |
| and | M50S | 4 th | 1902 | Two scores |
| Pete Younger | M60 | 6 th | 3189 | Four scores |
| Robin Strain | M65 | 9 th | 3777 | Five scores |
| Freya Edmondson | W10 | 27 th | 637 | One score |
| Kathryn Neill | W40S | 12 th | 1213 | One score |
| Trina Rogerson | W60L | 10 th | 3683 | Five scores |
| and | W65 | 20 th | 1058 | One score |
| Sheila Strain | W65 | 1 st | 4881 | Five scores |

Current Placings for 2017 (after four events – Inshriach not included)

| | | | | |
|----------------|-----|------------------|------|--------------|
| Pete Younger | M60 | 10 th | 2495 | Three scores |
| Robin Strain | M65 | 5 th | 3017 | Three scores |
| Kathryn Neill | W40 | 8 th | 1075 | One score |
| Trina Rogerson | W60 | 5 th | 3219 | Four scores |
| Sheila Strain | W65 | 2 nd | 5063 | Four scores |

Scottish Urban Orienteering League: (SOUL)

Final positions in 2016:

Awards to –

Robin Strain 3rd in Men's Ultravet

Sheila Strain 1st in Women's Ultravet

Other places –

MV – 25th – Ian Rowland

39th – Tim Harding

43rd Duncan Leishman

Eleven events this year, with best five to count. Eight events so far, so there could still be a lot of changes of positions.

| | | | |
|-------|------------------|-------------------|-------------------|
| MYJ - | 3 rd | Joel Atkinson | 91 + 100 + 96 |
| | 21 st | Colin Riley | 91 |
| WYJ | 13 th | Emily Atkinson | 90 + 89 |
| MJ | 12 th | Thomas Brownsort | 86.5 + 88 |
| MO | 28 th | Ed Hides | 60 + 84 |
| WO | 22 nd | Jennifer Atkinson | 85 + 75 |
| MV | 16 th | Tim Harding | 46 + 83 + 50 + 78 |
| | 37 th | Duncan Leishman | 48 + 80 |

| | | | |
|-----|------------------|------------------|-----------------------------|
| | 52 nd | Duncan Edmondson | 89 |
| | 61 st | Michael Atkinson | 84 |
| | 70 th | Martyn Pegg | 79 |
| MSV | 10 th | Peter Brownsort | 63 + 87 + 85 + 88 |
| WSV | 25 th | Trina Rogerson | 89 |
| MUV | 10 th | Robin Strain | 89 + 90 + 93 + 96 |
| | 61 st | Terry O'Brien | 66 |
| WUV | 1 st | Sheila Strain | 100 + 100 + 100 + 100 + 100 |

Scottish Championships – Gullane and Archerfield

| | | | |
|------------------|------|------------------|---------------------|
| Innes Wright | M10 | 3 rd | |
| Benji Edmondson | M12 | 10 th | |
| Neil McMillan | M21V | 2 nd | |
| Colin Tucker | M35 | DNF | |
| Michael Atkinson | M40S | 1 st | |
| Duncan Edmondson | M50 | 17 th | |
| Tim Harding | | 30 th | |
| Ian Rowland | M55S | 8 th | |
| Pete Younger | M60 | 16 th | |
| Robin Strain | M65 | 4 th | |
| Godfrey Beddard | | 12 th | |
| Emily Atkinson | W10 | 4 th | |
| Cerys Wright | W10B | | missing one control |
| Sheila Strain | W65 | 3 rd | |
| Trina Rogerson | | 6 th | |

Scottish Relays – Binning Wood

It was great to have so many teams taking part. It was the junior teams who showed the senior teams up!

| | | | |
|---------------------|------------------|-------------|-----------------------------------------------------|
| Handicap 8+ points | 11 th | ELO Apha | (Jamie Thomas, Lee Curtis and Ian Rowland) |
| Handicap 14+ points | 10 th | ELO Gamma | (Duncan Edmondson, Pete Younger and Simon Riley) |
| | 16 th | ELO Beta | (Kathryn Neill, Megan Wright and Jennifer Atkinson) |
| Handicap 17+ points | 15 th | ELO Delta | (Godfrey Beddard, Neil McMillan and Trina Rogerson) |
| Handicap 20+ points | 10 th | ELO Epsilon | (Sheila Strain, Robin Strain and Tim Harding) |
| Junior 36- | 4 th | ELO Theta | (Ashley Curtis, Innes Wright and Angus Wright) |
| | 5 th | ELO Eta | (Ripley Curtis, Emily Atkinson and Joel Atkinson) |
| Junior 44- | 15 th | ELO Zeta | (Duncan Riley, Colin Riley and Iona Riley) |

Scottish Score Championships 2016 (Palacerigg Country Park)

| | | |
|---------------|-----|------------------|
| Tim Harding | M50 | 10 th |
| Sheila Strain | W65 | 3 rd |
| Robin Strain | M65 | 10 th |

Scottish Inter-Club

The Scottish Inter Club for 2017 was based on the results at Scottish Championships and we were placed 3rd out of the nine small clubs participating only 7 points behind the winners, (RR 599; Basoc 598; ELO 592)

Jamie Stevenson Trophy 2017

First time for a few years that we had a full six competitors so a meaningful placing. We finished 9th out of the 12 clubs who sent teams.

| | | |
|------------------|-------------|------------------|
| Emily Atkinson | Yellow | 3 rd |
| Joel Atkinson | Orange | 7 th |
| Benji Edmondson | Orange | 35 th |
| Iona Riley | Light Green | 20 th |
| Thomas Brownsort | Light Green | 23 rd |
| Jonathan Harding | Light Green | 35 th |

Scottish Schools' Orienteering Festival 2016 - Friday 2nd June

Drumpelier Country Park

P5/6 boys – 2nd Colin Riley

3rd Joel Atkinson

Scottish Six Days

| | | | |
|-------------------|----------|-------------------|--------------------------------|
| Emily Atkinson | W10 | 5 th | Silver (should have been Gold) |
| Joel Atkinson | M12 | 21 st | Silver |
| Finlay Hayes | M14 | 11 th | (Two scores) |
| Neil McMillan | M21S | 56 th | |
| Kathryn Neill | W40s | 1 st | Gold |
| Michael Atkinson | M40S | 23 rd | |
| Tim Harding | M50 | 83 rd | |
| Ian Rowland | M55I | 105 th | (Two Scores) |
| Pete Younger | M60 | 67 th | Bronze |
| Trina Rogerson | W65 | 27 th | Silver |
| Robin Strain | M65 | 58 th | Bronze |
| Sheila Strain | W65 | 14 th | Gold |
| Jennifer Atkinson | Lt Green | | |
| Peter Atkinson | White | | |
| Terry O'Brien | Lt Green | | |

JK sprint

| | | | |
|---------------|-----|------------------|------|
| Sheila Strain | W65 | 2 nd | 1031 |
| Robin Strain | M65 | 22 nd | 1077 |

JK Middle

| | | | |
|----------------|-----|------------------|------|
| Robin Strain | M65 | 27 th | 1059 |
| Sheila Strain | W65 | 4 th | 1037 |
| Trina Rogerson | W65 | | 922 |

JK Long

| | | | |
|----------------|-----|------------------|------|
| Robin Strain | M65 | 48 th | 997 |
| Sheila Strain | W65 | 4 th | 1044 |
| Trina Rogerson | W65 | 16 th | 934 |

British Champs

| | | | |
|----------------|-----|------------------|------|
| Trina Rogerson | W65 | 13 th | 961 |
| Sheila Strain | W65 | 23 rd | 892 |
| Robin Strain | M65 | 30 th | 1081 |

British Relays

M60 23rd (last team of those complete!) Robin, Sheila, Trina

Ranking positions (not including Cademuir)

| ELO place | British place | | Points | | | | | | |
|-----------|---------------|-------------------|--------|------|------|------|------|------|------|
| 1 | 1079 | Duncan Edmondson | 6906 | 1052 | 1087 | 1230 | 1154 | 1181 | 1202 |
| 2 | 1291 | Kathryn Neill | 6755 | 1155 | 1131 | 1104 | 1141 | 1101 | 1123 |
| 3 | 1362 | Robin Strain | 6707 | 1140 | 1165 | 1096 | 1100 | 1101 | 1105 |
| 4 | 1528 | Pete Younger | 6578 | 1060 | 1069 | 1104 | 1153 | 1060 | 1132 |
| 5 | 1648 | Peter Brownsort | 6478 | 1091 | 1136 | 993 | 1079 | 1077 | 1102 |
| 6 | 1673 | Tim Harding | 6460 | 1063 | 1061 | 1081 | 1086 | 1083 | 1086 |
| 7 | 1785 | Michael Atkinson | 6387 | 1045 | 1089 | 1013 | 1098 | 1051 | 1091 |
| 8 | 1861 | Jennifer Atkinson | 6335 | 1069 | 1087 | 1025 | 1092 | 1055 | 1007 |
| 9 | 1906 | Sheila Strain | 6309 | 1063 | 1062 | 1044 | 1041 | 1044 | 1055 |
| 10 | 2534 | Trina Rogerson | 5724 | 958 | 944 | 934 | 961 | 946 | 981 |
| 11 | 2618 | Martyn Pegg | 5632 | 1118 | 1075 | 1123 | 1171 | 1145 | |
| 12 | 2985 | Neil McMillan | 5130 | 825 | 883 | 870 | 873 | 855 | 824 |
| 13 | 3467 | Ian Rowland | 4062 | 1018 | 965 | 1076 | 1003 | | |
| 14 | 3676 | Terence O'Brien | 3476 | 785 | 817 | 967 | 907 | | |
| 15 | 3775 | Ed Hides | 3247 | 1067 | 1062 | 1118 | | | |
| 16 | 3839 | Godfrey Beddard | 3074 | 1076 | 955 | 1043 | | | |
| 17 | 3886 | Duncan Leishman | 2936 | 1047 | 930 | 959 | | | |
| 18 | 4115 | Julian Hall | 2320 | 1198 | 1122 | | | | |
| 19 | 4735 | Jamie Thomas | 1124 | 1124 | | | | | |
| 20 | 4911 | Simon Riley | 1008 | 1008 | | | | | |
| 21 | 4963 | Thomas Brownsort | 975 | 975 | | | | | |
| 22 | 5057 | Jonathan Harding | 914 | 914 | | | | | |
| 23 | 5154 | Iona Riley | 846 | 846 | | | | | |