



## BTO Scottish Urban League 2017 Event 5 - Tranent Friday 19th May 2017 Final Details



We welcome you to the historic town of Tranent, site of the first recorded coal mining anywhere, and the first tracked railway in Scotland.

This event is being followed on Saturday 20<sup>th</sup> May by the Scottish Individual Championships and on Sunday 21<sup>st</sup> May by the Scottish Relay Championships.

### Summary Information

Car Parking/ Assembly/Registration	Ross High School, Well Wynd Tranent EH33 2EQ
Start Times	6.30 – 8.30 Courses close 9.15
Start and Finish	Ross High School Playing Fields 300/400 m from Registration
Download	In Ross High School
Toilets	In Ross High School
EOD	Some, dependent on map availability Email <a href="mailto:eastlothiano@gmail.com">eastlothiano@gmail.com</a> to enquire

### Entries

Pre-entries closed on 14<sup>th</sup> May 2017.

There will be limited entry on the day subject to map availability.

Email the organiser on [eastlothiano@gmail.com](mailto:eastlothiano@gmail.com) to enquire.

### Location

The event will be based in Ross High School, Well Wynd, Tranent

Grid Ref: NT405726. Postcode: EH33 2EQ

### Directions

From the traffic lights at the east end of Tranent High Street, take the right fork onto the Ormiston Road then after 50 metres, turn right onto Well Wynd and continue along this almost to the end.

Tranent is easily reached by public transport. Several bus routes run through the High Street (50m from School) and it is about a 2km walk from Prestonpans Railway Station. See

<https://lothianbuses.co.uk/>

<https://eastcoastbuses.co.uk/>

### Car parking

Parking will be in the staff car park of Ross High School. Overflow parking will be in the public car parks immediately to the east of the school. Please drive slowly and carefully within the car parking as people will be walking out towards Registration. There is no separate footpath.

## **Assembly/Registration**

Registration, toilets and space to leave bags will be available within Ross High School. This will be open from 1810 till 2130.

Maps for course 7 competitors will be available for competitors to collect from Registration.

## **Starts**

Start will be approximately 300m from the school, across Kings Road. There will be a marshalled crossing.

Start times will be between 1830 and 2030. Although competitors should arrive at start for their allocated time, a punching start will be used. Competitors using contactless SI cards will have the opportunity to check that their battery is OK as they enter the start boxes.

## **Warming Up**

Warming up can be done in a narrow strip along the north edge of the playing fields, between Start and Finish but please do not go further south than a line between the start and finish kites. In addition, there is an area of grass and footpaths to the east of the route to start and towards the Health Centre and Loch Centre (sports centre).

## **SPORTident**

Mixed punching SPORTIdent (SI) electronic timing will be used, which means that both SIAC (contactless) cards and older SI dibber (contact) cards will work. SI cards (dibbers) will be available for hire at no charge, but there will be a charge of £30 if lost. Contactless SIAC cards will be available for hire at £3 per day, £5 for the weekend; £60 if lost. If you are hiring a dibber and using it again on Saturday and/or Sunday you will retain the dibber after downloading to use on each occasion.

SI units will not be on L-bars but instead will be attached by cables with gripples to fences, posts etc. If using a traditional dibber be aware that it must go into the unit from the front.

## **Finish**

Finish will be close to start. There is a zebra crossing (not traffic lighted) near to Finish for crossing Kings Road, but take care to wait for traffic to stop. All runners must report to Download in the school immediately after finishing. Courses close at 2115, and controls will be removed from then.

## **Terrain**

All courses will visit a number of post war housing estates of different styles. There is a extensive path network so junior courses will be urban in nature. Although mainly on footpaths, they may meet cars in quiet cul-de-sacs. Road shoes recommended as the courses are almost entirely on hard surfaces. Shorts are permitted.

## Map details

The map has been produced by Robin Strain from LIDAR and OS data. All courses will use the same A4 1:4000 single sided map.

Competitors should ensure they are familiar with the ISSOM symbols used on urban maps, in particular the solid black line, solid black line with double tags and green/black line for walls, fences and hedges which it is forbidden to cross, even if it is physically possible.

## Safety information

A risk assessment has been carried out, but competitors take part at their own risk and are responsible for their own safety during the event. Runners who have not reached their 16th birthday must run course 6 or 7 because of British Orienteering rules and insurance requirements.

In the interest of safety, juniors may be shadowed by an adult and still be competitive if the adult confirms at registration that they had not assisted the junior in any way. Likewise two juniors may run together and both will be considered competitive. For course 7 (M/W 12-) parents will have the opportunity to view the map at registration to decide whether they will need to shadow their child. Any adults shadowing should only do so after their own run to remain competitive.

All adult courses cross suburban roads but not main roads or bus routes. Adults are responsible for their own safety on crossing roads and should remember to obey the Highway Code.

## Courses

Courses are slightly longer than at some sprint events, and have been planned for a 15-20 minute winning time.

The distances below are straight line and actual courses will be approx 1/3 longer.

Height climb is negligible.

There will not be a String Course.

Course	Length	SOUL classes	SOUL classes	Open classes
1	3.8km	Open Men		
2	3.2km	Veteran Men 40+	Open Women	Open 2
3	2.9km	Supervet Men 55+	Veteran Women 40+	Open 3
4	2.6km	Ultravet Men 65+	Supervet Women 55+	Open 4
5	2.3km	Hypervet Men 75+	Ultravet Women 65+ Hypervet Women 75+	Open 5
6	2.2km	Junior Men 16-	Junior Women 16-	Open 6
7	1.7km	Young Junior Men 12-	Young Junior Women 12-	Open 7

Control descriptions will be printed on the map. Loose control descriptions printed on waterproof paper will be available in the Start Lanes.

## Results

At the school results will be displayed on screens and after the event will be at [www.elo.org.uk](http://www.elo.org.uk) and [www.scottish-orienteering.org](http://www.scottish-orienteering.org)  
They will also be available on a local wi-fi at the event centre.

## Permissions

Many of the houses near controls have been contacted or leafleted with no difficulties encountered. If you are approached and asked about permissions you should suggest people come to the school, but you can also assure them that the Council and the Police have been informed of the event.

## Dogs

Dogs are welcome in the car park but MUST be kept on a leash and all droppings lifted and binned.

## First Aid

Limited first aid will be available at Registration/Download.

The nearest casualty hospitals are in Edinburgh: the Royal Infirmary, the Western General and 'Sick Kids'. Directions will be available at Registration.

## Privacy

When entering our events your name will appear in the results section of the website and possibly in newspaper reports.

## Thanks

Our thanks go to Ross High School and East Lothian Council, to Graeme and Paul, and to all members of ELO and other clubs who have volunteered to help.

## Officials

**Overall Scottish Championships Co-ordinator:** Graeme Ackland, INT

**Planner:** Robin Strain ELO

**Controller:** Paul Caban INT

**Day Organiser:** Sheila Strain ELO [eastlothiano@gmail.com](mailto:eastlothiano@gmail.com)

**Organising club:** ELO