Whitekirk Hill 30th April 2023 FINAL DETAILS



Location

On the A198 NE of Whitekirk Village. NT 601823 EH39 5PR what3words.com/cakewalk.obstinate.drill

Google Maps

Drive straight on at the top of the drive, then drive past the first car park to the westmost or northwards car park.

Information, Registration, Download.

In main building. Hired dibbers can be collected from there. Don't lose it as the replacement charge is £30. Contactless cards (SIACs) will not be available for hire.

Toilets

In main building. Keep going forward past reception.

Café

We are being given car parking, toilets and indoor space for download free so please give the café your custom before and/or after your run.

Start and Finish are very close, west of the west car park. The route to start and back from finish crosses the track into the chalet park. There could be the occasional car on this, so please ensure children cross it safely.

Safety

The route to start and from Finish crosses the track into the chalets. There should be very little traffic but make sure children are escorted.

There are some ponds which most courses pass. Warn children to keep away from the edges.

Don't fall down the crags.

There are plenty gorse bushes and some brambles. Full leg covering required.

There are the usual orienteering hazards of tree roots, branches

The string has to be crossed on the way to Start and again not far after start, so don't trip over it. It will be highlighted on the ground with coloured tags.

Start Times

Between 11 and 1 for the longer courses. Starts for White and Yellow will remain available till 2 pm which should allow parents time to run their own course before their juniors run. Start times are not being preallocated.

Courses.

Note that the map for the Green and Blue/Brown course is printed double sided, so turn over at the overlapping control.

Controls

SI units will be programmed for contactless punching for those who have a contactless 'card', other than Start and Finish which (for safety reasons so that we can check who is still out) you are required to punch by 'dibbing'.

Map Symbol

There is a non-standard symbol, a brown triangle (looks rather like a pit but is a complete triangle) which shows a flattish bit that must have been a green or tee in the days of the golf course. On the control descriptions the hill symbol is used.

String course

Start and finish are very close to the main start.

Minicourses.

No demand so far but if they go out the points are north of Finish.

If they go out the controls will NOT have red/white kites. The White course goes close so please tell White course competitors that all their controls WILL have red/white kites and to ignore other ones.

If your youngsters want to do some of the minicourses, head to the String course first for help as we will not be keeping a helper at the minicourses.

Courses close at 3 pm and controls will be collected in from then. If you may be a long time on your run, then come for an early enough start. The time printed on the map is wrong, sorry.

First aid

A first aid kit will be available near Registration/Download.

There is a defibrillator in the centre.

Nearest Accident and Emergency Hospital is Royal Infirmary of Edinburgh.

51 Little France Crescent, Old Dalkeith RoadEdinburghEH16 4SATelephone: 0131 536 1000

Ticks.

Check for ticks after your run. The planner has found some after he has been in the area.

Results

Results will be uploaded to the internet at frequent intervals during the event.

www.elo.org.uk/latest-results.

A QR code for this will be displayed at Enquires and on your map and split times print-out.

They will also be displayed on screens near Enquiries.

Officials

Organiser Sheila Strain 07884 351 967

Planner. Duncan Edmondson
Controller Roger Scrutton (ESOC)

Acknowledgements

Many thanks to Whitekirk Hill for permission to use the area and to their Events Manager, Jenny Woodford, for her help.

https://www.whitekirkhill.co.uk