# ELO Binning Wood SoSOL SATURDAY 28th June 2025

## NB Two important points for drivers ...

- 1 Competitor parking is at **Smeaton Nursery Gardens**. No competitor parking at Binning Wood.
- 2 **Diversions** are in place around East Linton village centre which is closed for resurfacing work. Please follow the route below to reach Smeaton Nursery Gardens.

Google Maps is not up-to-date regarding the road closures so don't rely on its advice.

## By car from the west...

- leave the A1 at Haddington; take the second Haddington junction, signed "Haddington/East Linton"
- follow A199 ("the old A1") but continue past East Linton without turning off
- 2 km east of East Linton turn left onto A198 signposted "North Berwick"
- at Tyninghame village turn left following sign for East Linton
- continue towards East Linton, past Preston Mill, until turning sharp right into Smeaton Nursery Gardens
- follow the access road for 500 metres to marshalled parking near the garden centre.

# By car from the east...

- leave the A1 at Dunbar and then follow the A199 ("the old A1") for 3 km
- turn right onto A198 signposted "North Berwick"
- at Tyninghame village turn left following sign for East Linton
- continue towards East Linton, past Preston Mill, until turning sharp right into Smeaton Nursery Gardens
- follow the access road for 500 metres to marshalled parking near the garden centre.



Binning Wood was replanted after 1945 with conifers and beech and has a complex network of rides, paths and ditches which can be disorientating to the unwary. Much of the site was overrun with rhododendron, but ongoing clearance work has increased runnability. In some areas visibility has improved and hidden ditches have reappeared, although the carpet of brashings makes for slow progress.

## Type of event:

Regional event in the South of Scotland Orienteering League series

## Terrain:

- Generally flat mixed woodland which is notable for three **large circular clearings**. These clearings have up to 13 paths leading out of them and will challenge your navigation
- Binning Wood has suffered in the past from being overgrown with rhododendrons but there has been much clearing in recent years expanding those areas which are open and runnable
- Some patches of rhodendrons are still effectively impassable and are mapped as close green screen
- An area at north of the map is a green burial site the <u>Binning Memorial Wood</u>. This area is marked on all maps as **out of bounds** to orienteers.

## Other users:

The area is very well used by the general public including dog walkers, families and horse riders. Please respect their right to be there at the same time as you are orienteering.

## Parking:

Parking for competitors will be at <u>Smeaton Nursery Gardens</u> which is accessed from East Linton village. There is a 1.5km walk on new paths around the field edges down to Binning Wood with a marshalled road crossing to the assembly area in the wood. There will be a clothing drop at assembly which is close to both Start and Finish.

There will be **no competitor parking at Binning Wood**. Officials and some helpers will park there but space must be left for members of the public to access the wood as usual. Please **do not park on the roadside** at Binning.

## At Smeaton:

Smeaton Nursery Gardens has a <u>tea-room</u> selling a wide range of food and hot and cold drinks.

Other facilities at Smeaton include the plant nursery itself and an art gallery next to (and inside) the tea room.

Smeaton Lake Woods contain a lochan surrounded by spectacular specimens of many unusual trees and shrubs. It is part of the <u>National Tree Collections of Scotland</u>. A short walk round the lochan is entered from the access road just south of the parking area.

A String course will be provided close to competitor parking at Smeaton.

#### Toilets:

Portaloos will be available at Binning Wood assembly area near Registration.

Patrons of the cafe within Smeaton Nursery Gardens have access to the toilets there.

Public toilets are available in East Linton village, close to the tennis courts in East Linton Park.

#### Accessibility:

White and Yellow courses stick to the path network so should be accessible for rugged buggies.

The path from Smeaton is a new gravel path with an even surface. Please contact the Organiser if you need to park closer to the wood for accessibility reasons.

#### Dogs:

Dogs must be kept on leads at Smeaton parking area where there are sheep grazing, on the paths down to Binning and at the assembly area in the woods.

# Location

Nearest Town:	East Linton
Grid Ref:	NT 593 801
Nearest Postcode:	EH40 3DT

#### Directions

Follow diversions around road closure in East Linton

NB - Google Maps does not know about the road closure so its advice is misleading

For directions by car see page 1 above.

## **Public Transport**

Frequent bus links to East Linton are provided by East Coast buses (X7 and 120).

East Linton is also served by trains from Edinburgh.

From the village centre it is a 1.5 km walk or cycle to the parking area at Smeaton and a further 1.5 km to assembly. Walking and cycling routes are not affected by the road closure in East Linton.

# Registration & Start Times Registration

This will be online in advance. Entry on the Day will be available at Registration.

If would like advice before going out or if you think you will take a long time please arrive and start early.

# Start and Finish:

Start times are from 11:30 until 13:30. We will not allocate start slots.

The Start and Finish locations are both close to the assembly area in Binning Wood near the public car park at the SW corner of the wood. But please note that competitors should not use this car park – **competitor parking is at Smeaton Nursery Gardens**.

# **Courses Close:**

All courses at Binning will close at **3:30pm**. Even if you have not completed your course by then you should stop and return to assembly.

If would like advice before going out or if you think you will take over an hour please arrive and start early.

**You must report to Download**, whether you complete the course or not, so that we know you are not lost or injured in the woods.

Course Information Map The map is printed at 1:7500 with 2.5m contours.

## Timing

SportIdent (SI) electronic timing will be used – we will have SIs for hire free of charge but there is a £30 charge if lost.

Units, apart from Start and Finish, will be set for contactless punching.

## Results

Live and final results will appear on the ELO website - www.elo.org.uk/latest-results/

# Courses

There will be Follow-the-string, White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown courses.

Course	Length / Ascent	Description
Follow-the-string	-	For our youngest orienteers. Follow the string in the woods next to the parking at Smeaton.
White	1.6km / 15m	For competitive 9-10 year olds and 11-12 year old beginners. Follows paths with a control at each choice point.
Yellow	2.1km / 15m	For competitive 11-12 year olds and 13-14 year old beginners. Follows line features with controls after choice points.
Orange	2.8km / 15m	For competitive 13-14 year olds and beginner adults. Controls near paths or line features.
Light Green	4.1km / 30m	Suitable for more experienced orienteers. A more challenging course with navigation away from paths.
Short Green	3.0km / 15m	Suitable for experienced orienteers. A very challenging course with navigation away from paths but not as long.
Green	4.3km / 30m	Suitable for experienced orienteers. A very challenging course with navigation away from paths.
Blue	5.4km / 45m	Suitable for experienced orienteers. A very challenging and lengthier course with navigation away from paths.
Brown	6.7km / 60m	Suitable for experienced orienteers. A very challenging and much longer course with navigation away from paths.

More details about course colour coding is available on the <u>Scottish Orienteering website</u>.

Organiser:

Pete Younger

**Planner:** Ian Rowland

**Controller:** John Tullie (Roxburgh Reivers)

#### Safety and Risk

A comprehensive risk assessment has been carried out by the organisers, but participants take part at their own risk and are responsible for their own safety during the event

#### **Medical Conditions:**

If you, or anyone in your group (including juniors), have a medical condition that first-aiders or health professionals should know about in the event of accident or illness during the course of the event please print off the <u>Medical Form</u>, complete it fully and bring it along to the event. You should complete a separate copy for each individual who has a medical condition. Please leave the completed Medical Form at Event Registration. If it is not in a labelled sealed envelope, it will be put in one and will be opened only in an emergency. It will be shredded immediately after the event if not reclaimed.

#### **Nearest Defibrillator:**

**Registration / Assembly** 

#### Privacy

When entering our events your name will appear in online results and may appear in event reports. We may also take photographs at the event for publicity purposes – please let us know if you do not want us to use your photograph in this way. <u>Read our privacy policy</u>.